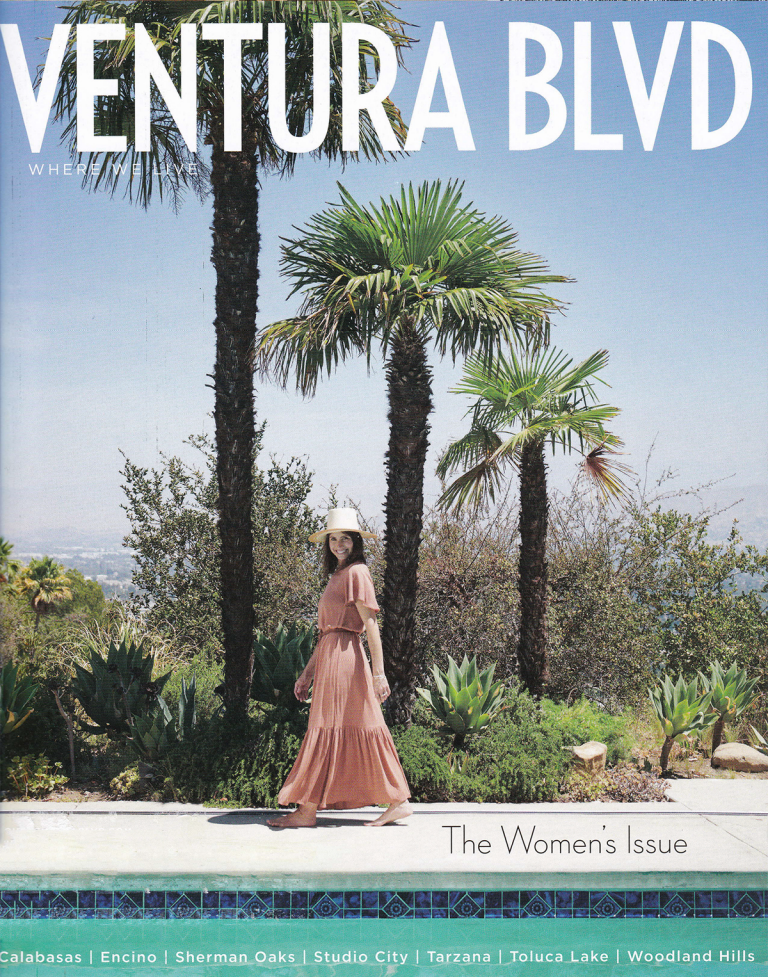


# VENTURA BLVD

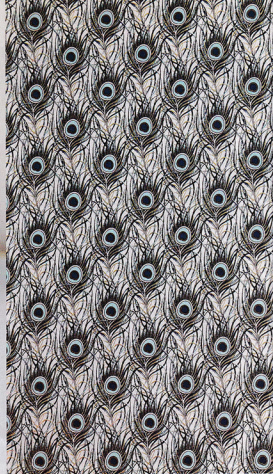
WHERE WE LIVE



The Women's Issue

#### FULL IMMERSION

Clockwise: Namaste Nail Sanctuary; Paper Source; Dance Diva; Toto's Floatation Tub



## Get Your Girl On

Tap into your feminine side with this list of stops and shops.

#### TOTO TUB

Check out the new Floatation Tub by the Japanese manufacturer Toto. Shaped to simulate a "gravity-less" floating position ideal for meditation. \$18,799; totousa.com

#### DIVA DANCE

Get out of your comfort zone and take a class at Diva Dance. The specialty studio offers group classes and private ballroom dance instruction for every level.  
19901-1/2 Ventura Blvd, Woodland Hills

#### BLUE MERCURY

Tired of the madhouse at Sephora? Slip into the calm of this chic, immaculate shop and let a pro refresh your visage. High-end brands are available including Chantecaille (we're bonkers for their lip gloss shade "Pretty").  
12178 Ventura Blvd., Studio City

#### NAMASTE NAIL SANCTUARY

A mani/pedi experience that supercedes even those at high-end spas. Recline in a plush chair, put on headphones and LED glasses, and escape with the Deepak Chopra Dream Weaver guided meditation system. Superior laquers and massage; great attention to detail—plus aromatherapy.  
12184 Ventura Blvd., Studio City,  
6320 Canoga Ave., Woodland Hills

#### BLUE MEDI SPA

Botox is just the beginning here. Revitalize your skin with one of several cutting-edge treatments, including the PicoSkin laser. It helps improve tone and texture, reduces the appearance of scars, wrinkles and fine lines—with little or no downtime.  
14622 Ventura Blvd, Sherman Oaks

#### PAPER SOURCE

Get your creative ya-ya's out with oversized sheets of paper—sourced from all over the world. With modern, abstract designs as well as floral patterns, it's perfect for covering a lampshade, lining closet drawers or giftwrapping. From \$4.95  
12174 Ventura Blvd, Studio City

#### SHAPE HOUSE

Forget about all the cryo salons. If you like to sweat, this is your spot. For 55 minutes, relax in a cocoon of infrared blankets, in your own private space. Sweat out toxins and burn calories—all while watching your favorite TV shows on a flat screen.  
12319 Ventura Blvd., Studio City



# Walk on the Wild Side

## Going On Now

### Racer's Edge

Put your pedal to the metal at an indoor, 16-lap, electric go-kart racetrack. [racersedgekarting.com](http://racersedgekarting.com)

## September

8

### Designing for Disaster

A seminar that explores the ways in which public landscapes and private gardens can help mitigate natural disasters. [descansogardens.org](http://descansogardens.org)

13

### Flower-Arranging Class

This class (one is offered each month) focuses on making arrangements with lisianthus and garden roses. [floralartia.com](http://floralartia.com)

## October

6

### To the Dance Floor Showcase

Performances by some of the best ballroom competitors in the world. [madridtheatre.culturella.org](http://madridtheatre.culturella.org)

8

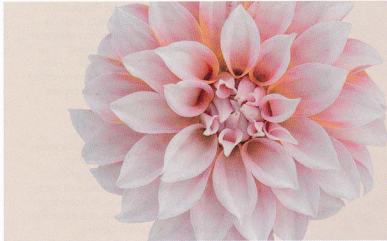
### Palomino Rides Again

The Palomino Club reopens for a one-night-only benefit concert at its original NoHo location. Proceeds go to the Valley Relics Museum. [thepalominoclub.com](http://thepalominoclub.com)

13

### Autry 30th Anniversary Celebration

Cocktails, dinner and a private concert by Willie Nelson highlight this benefit for the Griffith Park museum. [theautry.org](http://theautry.org)



## Wildlife Photographer of the Year

Whether you are a nature lover or a photography buff, you won't want to miss this compelling exhibition showcasing the award-winning photographs from the Natural History Museum's annual competition. Runs through January 6. [nhm.org](http://nhm.org)